

The Meehan Tennis Academy is excited to be returning to Alamanda College in 2025 to deliver private tennis lessons and Tennis Australia's Official junior program - Hot Shots!

Alamanda College Tennis Program 2025

When: We conduct an 8 week tennis program commencing in Week 1 of each school term. Each term is a separate registration. Lessons are offered before, during and after school hours, as well as Saturday mornings.

Where: The 2 blue Alamanda College Tennis Courts next to the secondary gymnasium.

Class Size: We have a maximum of 6 students per coach for Hot Shots classes. Private lessons are 1:1.

Cost (8 week program):

Hot Shots Group Lessons: \$200 (\$25 per 45min session)

Private Lessons: \$360 (\$45 per 30min session) OR \$520 (\$65 per 45min session)

What does my child need to bring? Just a drink bottle & hat - everything else they need will be on court. There is an option in the registration process to purchase a HEAD branded tennis racquet from us for \$40 or students can use our loan racquets for each session at no additional cost.

Registrations: Open in the first week of school holidays at mehantennisacademy.com/schoolprograms/

What is Hot Shots Tennis?

ANZ Hot Shots is Tennis Australia's official junior program, based on a "learning through play" philosophy, which means that playing the game of tennis is a central feature of each session. Smaller courts, racquets and softer balls make it possible to develop children's skills faster, while the red, orange and green stages offer a clear pathway for the children to progress through.

The Meehan Tennis Academy is registered as an official deliverer and have been conducting high quality Hot Shots lessons since the programs inception in 2008. We maintain the quality of the program by using coaches that are trained through official Tennis Australia courses and we constantly assess the children to ensure that we maximise their learning and development opportunities. Our Hot Shots classes run with a maximum 6:1 Player to Coach ratio to ensure each child gets adequate attention from the coach.



The coaching program is led by Ryan Meehan who is a Tennis Australia Junior Development, Club Professional & High Performance Qualified Coach, ATP Certified International Coach (GPTCA), and 2024 Tennis Coaches Australia Club Coach of the Year Finalist.



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TENNIS COACH ASSOCIATION



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Official Deliver of Tennis Australia's Hot Shots & Cardio Tennis Programs. HEAD Tennis Sponsored Coach.